

Participants Needed for Nutrition Study

Researchers in the Food Science and Human Nutrition Department at the University of Florida are conducting a study to determine the effects of **beta-glucan**, a dietary fiber supplement isolated from baker's yeast, on immune response to the **influenza vaccine**.

To participate you must be:

- An adult 50 years of age or older and planning to be vaccinated for influenza in Fall 2022
- Willing and able to comply with study-related procedures, including attending study visits for blood draws, taking the influenza vaccine, intake of the study supplement, and completing study questionnaires



If interested, please call and/or email:

Study phone: 352-263-9136

Email: ufnutrition@ifas.ufl.edu

Principal Investigator: Wendy Dahl, PhD