**September 2023**

### Labor Day
Al’z Place
Closed!!

### Monday
- 8:00 Morning Social
- 10:00 Daily Chronical
- 10:30 Fitness
- 11:00 Labor Day Laughs/Labor Day Trivia
- 11:30 Corn Hole
- 1:00 American Drives
- 1:30 Brother’s Too
- 2:45 Ball Toss
- 3:15 Circle Talk

### Tuesday
- 8:00 Morning Social
- 10:00 Daily Chronical
- 10:30 Fitness
- 11:00 Poems for September/Sew Mixed-Up
- 11:30 Bowling
- 1:00 March of the Penguins
- 1:30 BINGO
- 2:45 Musical Instrument Game
- 3:15 Circle Talk

### Wednesday
- 8:00 Morning Social
- 10:00 Daily Chronical
- 10:30 Fitness
- 11:00 September IQ/Autumn Quiz
- 11:30 Ring Toss
- 1:00 I Love Lucy
- 1:30 Art Therapy (Fall Coloring)
- 2:45 Pass the Potato Game
- 3:15 Circle Talk

### Thursday
- 8:00 Morning Social
- 10:00 Daily Chronical
- 10:30 Fitness
- 11:00 Funny Fashions/ Autumn Alphabet Challenge
- 11:30 Golf
- 1:00 Sing Along Move & Groove
- 1:30 BINGO
- 2:45 Ball Toss
- 3:15 Circle Talk

### Friday
- 8:00 Morning Social
- 10:00 Daily Chronical
- 10:30 Fitness
- 11:00 Oktoberfest
- 11:30 Bowling
- 1:00 American Drives
- 1:30 Dukes of Earlton
- 2:45 Musical Instrument Game
- 3:15 Circle Talk

---

**Please note that Breakfast is at 9:30 am, Lunch is at 12:00 pm, and Snack is at 2:30 pm daily**