



Are you interested in participating in a free therapeutic horticulture program for persons with Parkinson's Disease and their care partners?

Wilmot Botanical Gardens is conducting a research study to explore the benefits of therapeutic horticulture.

- ☞ Learn about plants
- ☞ Benefit from group support
- ☞ Explore wellness strategies

Sessions are one hour each and will be held weekly in the Fall of 2023.

Who can join?

Adults aged 18 and older who have Parkinson's Disease or care partners of persons with Parkinson's Disease.

This program is supported by a community grant from the Parkinson's Foundation.



For more information, please contact:

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WILMOT
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