

**ElderCare**  
OF ALACHUA COUNTY  
&  
*Senior Recreation Center*  
January 2024 Newsletter

**ElderCare  
of Alachua County**  
Gainesville, FL

Hey there, members of the Senior Recreation Center & community members!

Don't miss out on all the excitement! Remember, the freshest edition of our monthly Newsletter & Calendar is always waiting for you at [ElderCare.UFHealth.org](https://ElderCare.UFHealth.org).

Click [here](#) and explore the great activities lined up for you this month! Get ready for a whole lot of fun and good times together!



### Senior Recreation Center

**Hours:** Monday-Friday, 8am-5pm

**Phone:** (352) 265-9040

**Location:** 5701 NW 34th Blvd  
Gainesville, FL 32653

[ElderCare.ufhealth.org](https://ElderCare.ufhealth.org)



### Programs & Activities!

Be sure to check out the Senior Center [calendar](#) to stay up to date on all of the amazing [programs & activities](#) happening throughout the month!

If you don't find a program that suits your interests, we encourage you to submit a new [Program Proposal!](#)

## Upcoming Community Events & Studies!

- **Community Health & Wellness Fair** | Saturday, January 6th from 9:00am-12:00pm
- **UF Health** | Wellness University Seminars
- **UF McKnight Brain Institute** | Memory Study
- **University of Florida** | Brain & Stroke Study
- **Yale University's** | Dementia Caregiving Study
- **2023 Alachua County** | Community Status Assessment
- **Alachua County Community Weatherization coalition** | Rental Program
- **John Hopkins Medical Institute** | SKOAP Study
- **John Hopkins Medical Institute** | Dementia Prevention Study
- **University of Florida** | A2A Study
- **University of Florida** | Balance Training Research Study
- **University of Florida** | Therapeutic Horticulture Study
- **UF HealthStreet** | Mobile Vaccine Clinic

To learn more about our upcoming events, please click [here](#).

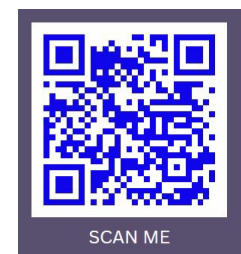
## Upcoming Programs, Activities, & Reminders!

- **REMINDER** | The Senior Center will be closed on Monday, January 1st for the New Years Day!
- **REMINDER** | The Senior Center will be closed on Monday, January 15th for MLK Jr. Day!
- **NEW! | UF Arts in Medicine Empowering Seniors Trough Ceramics** | Monday, January 15th from 3:00pm-4:30pm
- **QACDG General Meeting** | Every 1st Thursday of the month from 9:00AM-12:00PM
- **Card Making & Craft Class** | Every Tuesday from 11am-12:30pm
- **Community Connections with End of Life Doula's** | Wednesday, January 10th from 3:00pm-4:00pm
- **Prime Time Institute** | Every Thursday of the month from 2:30-4:00pm (Unless otherwise noted)
- **CCOA Monthly Workshop** | Every second Friday of the month from 10:00am-11:30am (Unless otherwise noted)
- **CCOA Quarterly civics** | Tuesday, March 12th from 2:00pm-4:00pm
- **CCOA Community Interest** | Wednesday, January 10th from 2:00pm-3:30pm
- **Four Season's Garden Club** | Every 2nd Monday of the month from 1:15pm-4:15pm
- **AARP Monthly Educational Seminar** | Monday, January 8th from 9:30am-12:00pm
- **AARP Driver Safety Program** | Every 3rd Wednesday of the month from 9:00am-3:30pm
- **AARP Tax-Aide Program** | Wednesday, January 31st, 2024

To learn more about our upcoming programs, please click [here](#).

**Scan the QR Code below  
for more information on resources available!**

Discover a wealth of resources and opportunities tailored for seniors by scanning the QR code to the right. Learn more about the enriching programs and services offered by ElderCare and the Senior Recreation Center, designed to enhance your well-being and social engagement. Don't miss out on the opportunities - scan now and unlock a world of opportunities!



## Volunteering & Internship Opportunities!



### We're Recruiting volunteers!

Please contact  
**Nick Hauzer** at  
[Nhau0001@Shands.ufl.edu](mailto:Nhau0001@Shands.ufl.edu)  
on how to get involved!

Current volunteers? Stay up to date on  
the [VIC!](#)

[Learn More](#)



### We're Recruiting Interns!

ElderCare of Alachua County is seeking  
motivated and dedicated interns to join  
our team!

[Fundraising](#) | [Development](#) | [Operations](#)

Please contact  
**Nick Hauzer** at  
[Nhau0001@Shands.ufl.edu](mailto:Nhau0001@Shands.ufl.edu)  
on how to get involved!

[Learn More](#)

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## Newsletter Donor Spotlight: Thanks to Our "Hole-in-One" Sponsors!

A huge shoutout to Hopewell In-Home Senior Care and Walmart Transportation for their generous support as "Hole-in-One" sponsors at our 16th Annual Fall Golf Tournament. Their contributions significantly boosted ElderCare of Alachua County's initiatives. We're incredibly grateful for their ongoing commitment and the substantial impact they've made. Here's to continued partnership and success!

### Donor Spotlight!



Heartfelt thanks to Hopewell In-Home Senior Care for their steadfast dedication to senior well-being.

With their licensed and compassionate approach, they provide tailored support for daily living needs. Hopewell's qualified caregivers excel in delivering outstanding in-home care, especially for those battling Alzheimer's, cancer, and other serious conditions.

We're honored to have Hopewell as our Hole-In-One Sponsor, significantly impacting our community.

### Donor Spotlight!



A big shout-out to Walmart Transportation for ensuring every journey counts!

Their dedicated drivers, loaders, maintenance teams, and managers are the backbone that keeps millions of products moving, reflecting Walmart's dedication to community service and their mission to help people save money and live better.

As our esteemed Hole-In-One Sponsor, we applaud their tireless efforts to connect products with people across the nation.

CLICK HERE TO FIND OUT MORE WAYS TO GET INVOLVED!



### Community Resources!

Click on the link below  
to learn more about our  
community resources & opportunities!

[Learn More](#)

### *Follow Us On Social Media!*



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ElderCare of Alachua County | 352-265-9040 | [Eldercare.UFHealth.org](http://Eldercare.UFHealth.org) | [Donate](#)

ElderCare of Alachua County | 5701 NW 34th Blvd., Gainesville, FL 32653

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