

ElderCare OF ALACHUA COUNTY & Senior Recreation Center

April 2024 Newsletter

ElderCare
of Alachua County
Gainesville, FL

Hey there, members of the Senior Recreation Center & community members!

Don't miss out on all the excitement! Remember, the freshest edition of our monthly Newsletter & Calendar is always waiting for you at ElderCare.UFHealth.org.

Click [here](#) and explore the great activities lined up for you this month! Get ready for a whole lot of fun and good times together!



Senior Recreation Center

Hours: Monday-Friday, 8am-5pm

Phone: (352) 265-9040

Location: 5701 NW 34th Blvd
Gainesville, FL 32653

ElderCare.ufhealth.org



Programs & Activities!

Be sure to check out the Senior Center [calendar](#) to stay up to date on all of the amazing [programs & activities](#) happening throughout the month!

If you don't find a program that suits your interests, we encourage you to submit a new [Program Proposal!](#)



Community Resources!

Click on the link below to learn more about our community resources & opportunities!

[Learn More](#)

Upcoming Community Events & Studies!

- **SAVE THE DATE! Jersey Mike's Spirit Night Benefitting ElderCare** | Friday, April 5th from 2:00pm-6:00pm
- **SAVE THE DATE! The Amazing Give** | Thursday, April 25th from 8:00am-8:00pm
- **SAVE THE DATE! 2024 Gainesville Indoor Pickleball Showcase Hosted by Gainesville Sports Commission Presented by Touching Hearts at Home – Benefitting ElderCare of Alachua County!** | August 16-18th
- **SAVE THE DATE! Blackadder Brewing Company "Charity of the Month" Fundraiser Benefitting ElderCare** | The whole Month of May 2024
- **Waldo Community New vision coalition 2nd Annual Education-Health Fair** | Saturday, April 6th from 10:00am-2:00pm
- **Gator Steps for Lung Disease 5k Run/Walk Event** | Saturday, April 6th from 8:00am-11:00am
- **DEA Drug Take Back Day** | Friday, April 26th from 9:30am-1:30pm
- **SAVE THE DATE! Joy's Annual Fall Craft Show** | Saturday, October 26th from 9:00am-3:00pm
- **SAVE THE DATE! Annual Fall Golf Tournament** | Friday, November 22nd
- **2023 Alachua County** | Community Status Assessment
- **Alachua County Community Weatherization coalition** | Rental Program
- **UF HealthStreet** | Mobile Vaccine Clinic
- **University of Florida** | Automated Vehicle Study
- **University of Florida** | Memory Study

Upcoming Programs, Activities, & Reminders!

- **Happy Easter!** | Wishing you a joyful Easter filled with happiness and warmth from all of us here at ElderCare & The Senior Recreation Center!
- **Farmer's Market Distribution Day** | Friday, April 26th from 8am-1pm
- **NEW! Walcott Counseling & Wellness Caregiver Support Group** | Wednesday's from 10:30am-12:00pm
- **NEW! Elder Options Savvy Caregiver Training** | Every Thursday from April 11th to May 23rd from 1:00pm-3:00pm
- **NEW! Basic Computer Skills** | Friday's from 12:00pm-1:00pm
- **NEW! Stay Connected: iPhone 101 Class for Seniors** | Wednesday's from 1:00pm-2:00pm
- **NEW! Stay Connected: Android 101 Class for Seniors** | Wednesday's from 2:00pm-3:00pm
- **NEW! Healthy Mind, Health Life Educational Seminar** | Tuesday, April 30th from 2:00pm-3:00pm
- **NEW! Bosshardt Realty "Ask a Realtor" Workshop** | Tuesday, April 9th from 2:00pm-3:30pm
- **NEW! Monthly Birthday Celebrations Program** | Every Last Friday of the Month at 12:00pm
- **NEW! Financial Literacy Workshop** | Tuesday April 9th & 23rd from 1:00pm-3:00pm
- **NEW! The Art of Conversation Workshop @ The Village at Gainesville** | Thursday's from 2:30pm-3:30pm
- **National Healthcare Decisions Day (NHDD) Advanced Directives Workshop** | Tuesday, April 16th from 10:00am-2:00pm & 2:00pm-4:00pm
- **Silver Sneakers Exercise Program** | Tuesday's & Thursday's from 9:15am-10:15am
- **UF Health** | Wellness University Seminars
- **QACDG General Meeting** | Every 1st Thursday of the month from 9:00am-12:00pm
- **Card Making & Craft Class** | Every Tuesday from 11am-12:30pm

- **University of Florida** | Brain & Stroke Study
- **Yale University's** | Dementia Caregiving Study
- **John Hopkins Medical Institute** | SKOAP Study
- **John Hopkins Medical Institute** | Dementia Prevention Study
- **University of Florida** | A2A Study
- **University of Florida** | Balance Training Research Study
- **University of Florida** | Therapeutic Horticulture Study
- **University of Florida** | Occupational Therapy Study on Walkers
- **UF Department of Psychology** | Deciding Brain Study

To learn more about our upcoming events, please click [here](#).

- **Community Connections with End of Life Doula's** | Wednesday, April 10th from 3:00pm-4:00pm
- **Prime Time Institute** | Every Thursday of the month from 2:30pm-4:00pm (Unless otherwise noted)
- **CCOA Monthly Workshop** | Every second Friday of the month from 10:00am-11:30am (Unless otherwise noted)
- **CCOA Community Interest Seminar** | Wednesday, April 10th from 2:00pm-3:30pm
- **Four Season's Garden Club** | Every 2nd Monday of the month from 1:15pm-4:15pm
- **AARP Monthly Educational Seminar** | Monday, April 1st from 9:30am-12:00pm
- **AARP Driver Safety Program** | Every 3rd Wednesday of the month from 9:00am-3:30pm
- **AARP Tax-Aide Program** | Every Wednesday from 9:30am-1:30pm (Until April 10th)

To learn more about our upcoming programs, please click [here](#).

Volunteering & Internship Opportunities!



We're Recruiting volunteers!

Please contact
Nick Hauzer at
Nhau0001@Shands.ufl.edu
on how to get involved!

Current volunteers? Stay up to date on the [VIC](#)!

[Learn More](#)



We're Recruiting Interns!

ElderCare of Alachua County is seeking motivated and dedicated interns to join our team!

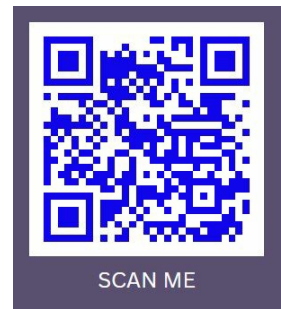
Fundraising | Development | Operations

Please contact
Nick Hauzer at
Nhau0001@Shands.ufl.edu
on how to get involved!

[Learn More](#)

Scan the QR Code below
for more information on resources available!

Discover a wealth of resources and opportunities tailored for seniors by scanning the QR code to the right. Learn more about the enriching programs and services offered by ElderCare and the Senior Recreation Center, designed to enhance your well-being and social engagement. Don't miss out on the opportunities - scan now and unlock a world of opportunities!



**Save the Dates! - April Fundraising Spotlights:
Eldercare & Jersey Mike's Spirit Night Fundraiser and The Amazing Give!**

This April, join us for two spectacular events supporting [ElderCare of Alachua County!](#)

For event details and to join the wave of generosity, visit our [Facebook](#) & [Instagram](#) pages. Let's make a difference together this April!



EAT A SUB, MAKE A DIFFERENCE!
SPIRIT NIGHT
Friday, April 5 • 2pm-6pm

Jersey Mike's
SINCE 1996
SUBS

ElderCare
OF ALACHUA COUNTY

Good goes beyond the sub! Join us **Friday, April 5th** in support of the **UF ElderCare**. We're happily donating **15% of sales** in support of this fundraiser. So stop by, enjoy some great subs and help Jersey Mike's support this worthy cause.

VALID ONLY AT:
2015 NW 43rd St. • Gainesville, FL • 352-672-6606
Valid 4/5/2024 only. See store for details.

Eldercare & Jersey Mike's Spirit Night

When: Friday, April 5th, 2-6 PM
Where: 2015 NW 43rd St, Jersey Mike's Subs

*Enjoy mouthwatering subs and be a hero for our seniors. A portion of every purchase supports vital services like Meals on Wheels. Plus, use these [special coupons](#) from **3/29 - 4/4** to boost donations even if you can't make it to the event!*



THE AMAZING GIVE
April 25, 2024
8 a.m. to 8 p.m.
www.TheAmazingGive.org
GAINESVILLE

Get ready to get up and give!
Save the Date!

ElderCare
OF ALACHUA COUNTY

www.TheAmazingGive.com



The Amazing Give: A Day of Unforgettable Impact

When: April 25th, 8am-8pm

Celebrate community and generosity during [The Amazing Give](#).

Every moment and every donation enriches senior lives in Alachua County. Get ready for a day filled with joy, challenges, and the power of giving!

Follow Us On Social Media!



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 Share This Email

ElderCare of Alachua County | 352-265-9040 | Eldercare.UFHealth.org | [Donate](#)

ElderCare of Alachua County | 5701 NW 34th Blvd., Gainesville, FL 32653

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