

# Al'z Place NEWSLETTER

Al'z Place | 7:45AM-4:00PM | (352)265-9200 | 1610 NW 23rd Ave Gainesville FL 32605



## Noticeboard

**Illness-** Please keep client's home if they have any signs of illness/ infection. We want to avoid passing illnesses to other clients and staff.

Signs of illness includes:

- o Temperature >99.3F
  - o Congestion, runny nose
  - o Cough
  - o Sore throat
  - o Nausea/vomiting and/or diarrhea
  - o New redness or drainage
- **Medication Update-** Please inform nursing staff about all medication changes.
  - **Missed Days-** Please notify the staff of any scheduled absences so that we avoid missed days, wasted lunches, and staffing shortages.
  - **Behavior & Falls-** Please communicate any behavior changes or falls that occur at home. We will also notify you of any changes that we observe while at Al'z Place.
  - **Clothing-** Please make sure all clients have 2 full outfits in their emergency bins, including tops, bottoms, undergarments, and socks. Also, all clients attending the program need to be wearing **CLOSED** toes shoes only and the shoes must have backs on them. Appropriate clothing keeps clients safe.
  - **Purses & Cellphones-** Please keep all purses and cellphones at home.



April 3 marks World Marbles Day, a lighthearted celebration of one of the world's oldest and most satisfying games. Marbles have been played in some form for thousands of years. Archaeologists have uncovered stone and clay marbles at ancient sites, and by the 1800s, glass marbles—often handmade—became popular in Europe and the United States. Each one had its own personality: cat's-eyes, swirls, shooters, and cloudy "alley agates." Some were meant for play, while others were carefully traded or saved as prized collectibles.

As spring arrives and days grow longer, World Marbles Day offers a reminder that fun doesn't have to be complicated. Sometimes it's as simple as a small glass sphere, good aim, and the pleasure of watching something roll exactly where you hoped it would.

## Arbor Day

In 1872, a man by the name of J. Sterling Morton proposed to the Nebraska Board of Agriculture that a special day be set aside for the planting of trees. This holiday, called Arbor Day, was first observed with the planting of more than one million trees in Nebraska, and is now celebrated all over the world.

While most states celebrate only one day of Arbor festivities, Oklahoma celebrates a full week! This is the time when they come together to appreciate the value trees provide to our community and to learn more about how to keep them thriving here... furthermore, it's the perfect time to plant new trees throughout your home and in public places.

### Some special days to keep in mind

Support Group Meeting April 16th  
Senior Recreation Center  
5701 NW 34th Blvd. Gainesville, FL 32653  
9:30am-11:00am